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SCETV announces new episode of award-winning *SCETV Safe Space* program

COLUMBIA, S.C. – South Carolina ETV and Public Radio (SCETV) is excited to announce the newest installment of ***SCETV Safe Space***, an award-winning program dedicated to youth mental health. This new episode will focus on teen stress and premiere on Oct. 3 at 7 p.m. on ETV-HD. Viewers can also watch the broadcast on the [SCETV website](#), [YouTube channel](#) or [Facebook page](#).

American teenagers are so stressed that the American Academy of Pediatrics, American Academy of Child and Adolescent Psychiatry and Children's Hospital Association [declared](#) a national state of emergency in children's mental health. ***SCETV Safe Space*** offers an open forum to discuss sensitive topics such as peer pressure, cyberbullying, family conflict and self-esteem.

With the exquisite Charleston Harbor in the background, show host, entrepreneur and actor Brittney Brackett facilitates conversations between students and parents from the Charleston County School District and mental health professionals. Author of *My Safe Place*, a mindfulness activity book for kids, Brackett visits bookstores, churches, and schools for sensory and mindfulness workshops to empower kids with affirmations. She is also a past correspondent for SCETV's [Palmetto Scene](#) and host of SCETV's traveling South Carolina food show [Backroad Bites](#).

In addition to public service announcements and a social media campaign, ***SCETV Safe Space*** has tackled topics such as building healthy relationships and social media with the goal of engaging South Carolina's youth in conversations with their caregivers and peers. Recently, the National Educational Telecommunications Association (NETA) honored ***SCETV Safe Space*** with two 2024 Public Media awards for excellence in community engagement and social media.

Past episodes of ***SCETV Safe Space*** are available to watch on the [SCETV website](#) and [YouTube Channel](#). For more information on ***SCETV Safe Space***, visit scetv.org/safespace.

QUOTES

SCETV Safe Space is a platform that allows us to highlight the pressing issues that South Carolinians face, particularly when it comes to the well-being of our youth. By addressing topics such as mental health, we fulfill our mission to amplify local voices, provide enriching educational experiences and strengthen the fabric of our communities. This initiative serves as a valuable resource, offering a space for connection and learning for both teens and the broader community." –**SCETV President and CEO Adrienne Fairwell**

"Open conversations about mental health are essential in equipping teens with the tools they need to navigate life's inevitable challenges. ***SCETV Safe Space*** creates an inclusive and understanding environment where these important discussions can take place. Each episode offers an opportunity to not only raise awareness about mental health but also to let young people know that they are not facing their struggles alone—there's a community here to support them." –**SCETV Safe Space Producer Ricky Taylor**

"Young people are not only the future of our communities, but they also have the power to shape them. ***SCETV Safe Space*** is designed to provide South Carolina's youth with a supportive environment to help



them grow into confident and thriving adults who can positively contribute to their communities." –**SCETV Interim Director of Television Cheryl Nunnley**

FAST FACTS

- SCETV has announced the premiere of the latest installment of **SCETV Safe Space**, scheduled to premiere on Oct. 3 at 7 p.m. on ETV-HD.
- This episode features a candid conversation about stress between Charleston-area teens, their parents and mental health professionals.
- Show host, author, actor and entrepreneur Brittany Brackett facilitates the discussion.
- The National Educational Telecommunications Association (NETA) honored **SCETV Safe Space** with two 2024 Public Media awards for excellence in community engagement and social media.
- Past episodes of **SCETV Safe Space** are available on the [SCETV website](#) and [YouTube Channel](#).

About South Carolina ETV and Public Radio

South Carolina ETV and Public Radio (SCETV) is the state's public educational broadcasting network. SCETV amplifies South Carolina voices, provides educational experiences and strengthens communities, while working toward creating a stronger, more connected and informed South Carolina. In addition to airing local programs, such as *Carolina Classrooms*, *Making It Grow*, and *This Week in South Carolina*, SCETV also presents multiple programs to regional and national audiences, including *By The River*, *After Action*, *Reconnecting Roots*, *Reel South*, *Somewhere South*, *Yoga in Practice* and *How She Rolls*. In addition, SC Public Radio produces the national radio production, *Chamber Music from Spoleto Festival USA*.

Media Contact

Landon Masters
media@sctv.org
(803) 737-3337